

RULES AND CONDITIONS FOR ENTERING THE CAPE TOWN MARATHON AND RELATED EVENTS

Entrants undertake to abide by the following rules and agree to the following conditions:

1. The Cape Town Marathon and all related events are organised in terms of the rules of WPA, ASA and the IAAF.
2. Marshals, traffic and any police officials shall be obeyed at all times. If participants are instructed by any race, medical, traffic or police official to stop they shall do so immediately.
3. Participants shall use the timing chip given to them at number collection. Failure to do so will result in the participant's name being omitted from the results. A failure to return the chip after the race will result in the entrant being charged for the replacement cost thereof.
4. The Cape Town Marathon and related events take place in environmentally sensitive areas. Participants may not litter or damage the environment in which the events take place in any manner.
5. Entrants and their supporters undertake to not disrupt or interfere with normal traffic in anyway, unless authorised to do so by traffic or police officials.
6. Entrants may not receive assistance from anyone on the course, other than that at the designated refreshment stations or in the event of an emergency.
7. Entrants declare that they are physically and medically fit to participate in the event and assume all risks of such participation. They participate in the race at their own risk and indemnify the organisers, officials, all helpers, all sponsors, the national and provincial bodies and local authorities against injuries and any claim whatsoever which may arise as a result of my participation.
8. Entrants grant permission to the organisers to use their name, photographs or similar image for video-tapes, broadcasts, telecasts, advertising promotions or other accounts of the event free of charge.